



Isle of Man Badminton Association

Junior Section

Handbook and Diary of Events

2012 / 2013



ISLE OF MAN
badminton

SHESHAGHT VADMYNTYN ELLAN VANNIN



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1. Contact Details

Junior Committee Officials

| | | | |
|-------------------------------|-------------------------------|--------|---------------------|
| Chairman: | Phil Ardern | 429639 | philardern@manx.net |
| General/Secretary : | Gary Colley | 230355 | |
| Coaching Co-ordinator : | Roberta Cannell | 432041 | robcann@manx.net |
| Junior Rep to IOMBA Exec.: | Phil Ardern | 429639 | |
| Youth Games Co-ordinator : | Roberta Cannell | 432041 | |
| Squad Kit : | Roberta Cannell / Phil Ardern | | |
| Competitions | Lee Mills | 629136 | lee.iom@manx.net |
| Badminton Development Officer | Kerry Quayle | 651572 | kerry.quayle@gov.im |

Junior Squad Team Managers

| | | |
|-----------|---|-----------------|
| Under 12s | - | Roberta Cannell |
| Under 13s | - | - |
| Under 15s | - | - |
| Under 17s | - | Phil Ardern |

Tournament Sub-Committee:

Phil Ardern, Pat Crease, Lee Mills & Robert Wooding.

Child Welfare Officer

The Isle of Man Badminton Association has adopted Badminton England's Child Protection Policy and Implementation Procedures.

The Association's Child Welfare officers are;

| | |
|-----------------|--------|
| Roberta Cannell | 432041 |
| Phil Ardern | 429639 |





2. Squad Selection, Fees and Player Details

Player Selection

Players are invited to join the various squads based on their current ability, potential and age. If a player does not show sufficient commitment, improvement and good sportsmanship, they will not be invited back to the next session.

All squad members must be registered members and in regular attendance at an Isle of Man Affiliated Club. All squad members **must** enter at least 2 championship events - their own age group and one higher.

In accepting an invitation to join a squad, a player (and their parents / guardian) accepts the condition and code of conducts set out in this hand book.

Squad Fees

The season is split into two sessions, fees are payable for each session. Squad fees are set at the start of each season and notified to successful squad members. Fees must be paid within two months of the start of each session. Failure to do so may result in the squad place being withdrawn and this may also jeopardise selection for UK trips.

Player Details and Communication

All parents and squad members should supply an e-mail address which will be used for letters, invitations, forms etc. Should anybody not have an e-mail address we will still send mail by post.

We will require a copy of each squad members passport sent back with the medical form at the beginning of the season .This will enable us to speed up the booking process for children who are selected for trips to the U.K. Should a child not have a passport then a photograph and a confirmation form with the child's name, address and date of birth should be sent and signed by parents/guardians. All squad members must confirm that they are available for UK trips on the appropriate form. (It is expected that squad members are able to represent the Isle of Man in matches on the island and in the UK, if chosen)





3. Rules & Guidelines for Squad Training

- Outdoor shoes must not be worn in the sports halls
- Black-soled shoes must not be worn
- No food or drink may be taken into the sports halls except for drinks in sealed containers
- IOM tee-shirts or Polo-shirts should be worn at all sessions
- Parents and guardians intending to leave a player at the venues should ensure that:
 1. A team manager or coach has arrived before they drive away
 2. They arrive back on time to collect the player at the end of the training session
- Children who misbehave, or who show no interest in learning, will be given a verbal warning by the coach. A second incident will result in the parent/guardian being contacted and the child barred from the squad to the end of the term.



4. Squad Training Venues

| | | | |
|---------------------|-----|-----------|-----------------------------|
| Junior Squad | NSC | Friday | 6.00 - 7.00 7.00 - 8.00 |
| Junior Squad | NSC | Wednesday | 8.00 - 9.00 9.00 - 10.00 |

Please remember to inform your coach if you are unable to attend a session.



5. Squad Kit and Equipment

Red training 't' shirts are available for purchase from Roberta Cannell Tel 629067/432041. The cost is £6.

IOM Badminton Polo shirts are available from Phil Ardern. Please note that IOM shirts should only be worn at training and when representing the Island in Matches.

IOM Badminton Tote bags are available from Roberta Cannell at £6 per bag. These are ideal for off Island Trips.

Rackets...Please ensure that you have the correct racket for your age and size. Some children are playing with rackets that are too heavy. Further advice concerning racket selection may be obtained from your coach.

Racket restring; Contact Phil Ardern on 429639





6. Codes of Conduct

The Isle of Man Badminton Association has Codes of Conduct for players, parents and Coaches which are incorporated into the Badminton Constitution, details of these are detailed below:

Code of Conduct for Junior Members

As a young player you are expected to abide by the following code of conduct.

All young players must play within the laws of the game and respect all officials and their decisions.

All young players must show respect for other young players in the Association and opponents and accept the judgement of officials and coaches.

All young players should keep to agreed times for sessions and competitions, and inform the appropriate person if they are going to be late.

If having been selected for a competition or match, a young player is required to withdraw, they must inform the appropriate person immediately.

All young players must wear approved IOM BA Squad badminton sports clothing for all County training sessions and County Representative Competitions.

All young players must pay any fees for training and events promptly or by the due date.

Young players are not permitted to smoke, consume alcohol or drugs of any kind whilst representing the Island. (Players who are required to take prescribed medicine must discuss this with the appropriate Team Manager.)

Code of Conduct for Parents/Carers

Please help the Isle of Man Badminton Association to provide an atmosphere and culture that encourages fair play and promotes our sport.

Respect the rules of the Association yourself

Encourage your child to learn the rules of the Association and the game, and play within them

Encourage your child to value fair play and accept the judgement of officials

Help your child to recognise good performance, not just results

Support your child's involvement and help them to enjoy their sport

Ensure your child arrives on time for sessions and events and is picked up on time from them

Ensure your child's fees are paid promptly by the due date

Never blame a child for losing or making mistakes.





7. Tournament Guidelines

What to take to Tournaments

This largely depends on the facilities available at the venue. Spectator viewing may be available but at some venues this can be a little restricted. It is a matter of individual choice whether food is taken to a venue, but it is wise for the player to have a drink available, in a sealed bottle, and a snack.

Attending Tournaments

This can be a nightmare for the uninitiated and the following tips may prove useful. Avoid disappointment for yourselves, and inconvenience for the organisers, by allowing plenty of time for your journey. If a situation arises on the day of the event which prevents you from attending, or if you get delayed, it is helpful if the organisers can be advised.

All players should be prepared to remain until the end of the Tournament. The Tournament Sponsors usually arrive during the last hour of the tournament and it does not look good for Badminton for them to see just a few competitors left in the hall. Players can also learn a lot from watching the better players.

On arrival, players should always, first, make sure that the organisers know they are there by reporting to the desk. Very often players are brought together at the beginning of a tournament and advised about the details for the day. There will include such things as how many points there are in a game, how many games in a match and whether there is, or is not, setting. Players are encouraged to listen carefully and, thereafter make quite certain they are ready to play when called. Usually there are a great number of competitors present, so be certain that your property is kept safe under a watchful eye.

Also try not to leave items of kit scattered around the hall other wise something is bound to be forgotten and left behind. Put all your rubbish in the bins provided. Good behaviour is expected. Bad behaviour will put your future selection at risk.

Kit Preparation

This is a most important feature of overall preparation for any trip to a tournament, and it is most advisable to take the following with you:

A change of kit - in particular socks, and at least one spare shirt

Two pairs of playing shoes. - An old pair and a nearly new pair.

Spare rackets - you should have at least one available.

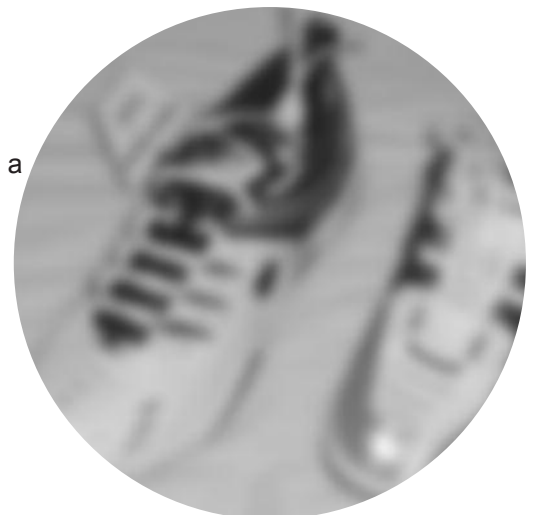
A towel - a very warm venue might make you wish you had brought two.

Water or diluted squash - in a sealed bottle. Spillages are frowned upon!!!

Please ensure that you wear correct clothing designed for the sport.

Shorts/ skirts must be worn. Tracksuits only allowed during knock up.

No football shirts allowed.



7. Tournament Guidelines - continued.

For players - on and off court.

When off court, it is sensible to prepare for matches by working through a period of warm up about which your coach will no doubt have informed you. You will also have been advised about the need for warm down exercises after a match.

When on court, there are a number of rules which should be followed. The wearing of track suits is permitted during the knock-up, but extensive knocking up is frowned upon, the official period is just two minutes and includes the removal of track suits in readiness for play. Playing kits must always be of 'acceptable' badminton sports clothing and doubles partners may wear the same style of clothing should they choose to do so. Shirts bearing large advertising and shorts of the 'beach' variety will not pass the test. During matches spare racquets, drinks bottles and towels may be left by the net posts and well away from the sidelines. Note that 'play shall be continuous' and frequent towelling and drinking will not be allowed.

Get into the habit of clearly calling out the score throughout your games, and it is also expected that line calls on your side of the net will be clear and precise. If in doubt ask your opponents if they were in a good position to see, or apologise and ask to play a let. Do not ask any

spectators to make a decision. In a game without an umpire, should you feel that your opponent's line calls are suspect then quietly report to the tournament umpire and explain the situation. Do not get angry!! Win or lose, at the end of the game be certain to shake hands in a proper fashion and make certain that you hand your score in to the organisers. Always remember that you may well be needed to play again shortly so make sure you check the time of your next game. Always keep your reputation intact and never lose sight of the fact that you are an advertisement, not only for yourself but also your parents, coaches and teachers.

Above all Enjoy your sport.

On trips to the UK to play Badminton do not take too many bags with you, remember you have to carry them on and off planes, boats and trains. One racket bag and one medium sized holdall is ideal.





8. Competition Dates 2007 / 2008

Junior Competitions;

| | | | |
|-----------------------------|----------|---------------|------------------------|
| Under 13's | Saturday | 27th Oct 2012 | NSC |
| Rising Stars | Friday | 2nd Nov 2012 | St Ninians High School |
| Under 15's | Saturday | 17th Nov 2012 | NSC |
| Under 17's | Saturday | 19th Jan 2013 | NSC |
| Primary Championship | Saturday | 23rd Feb 2013 | NSC |
| Under 19's | Saturday | 9th Mar 2013 | NSC |
| Novice Championships | Saturday | 16th Mar 2013 | NSC |

Junior Presentation Evening and end of season Party....Date and venue to be decided.

Junior Off Island Competitions;

| | | |
|---|------------|---------------------------|
| Under 13's Inter County Tournament | York | 24th & 25th November 2012 |
| Under 15's Inter County Tournament | York | 24th & 25th November 2012 |
| Under 13's Lothian | Edinburgh | 23rd & 24th March 2013 |
| Under 12's Inter County Tournament | York | 27th - 28th April 2013 |
| Under 17's Inter County Tournament | Nottingham | 4th - 7th April 2013 |

Senior Competitions;

Keith Davies Mixed tournament
Senior Restricted Tournament
Club Players tournament
Handicap Tournament

Senior Annual Dinner/dance & Prize Presentation.

Please download the entry forms for all junior and senior tournaments from The Isle of Man Badminton Website at www.iombadminton.com

If you are unable to print an entry form, please ask your coach for an entry form.



9. Coaching

Interested in becoming a Coach - Please contact KerryQuayle (Badminton Development Officer).

Private Coaching - Some of our coaches are qualified to give 'one to one' coaching sessions. These coaches are Level 2 or above. Each coach should be able to show you a registration card with their picture, Level of coach qualification and expiry date on.

Parents please note that courts at the NSC for individual coaching sessions can only be booked through the IOM Badminton Association; this is a requirement of Manx Sport & Recreation.

If you require any further information please contact Phil Ardern.



10. Parent Helpers

Parents. Can you assist?

The committee are looking for parents, especially ladies who would be prepared to travel off Island with the Junior Teams. Unless we have a lady for each trip the girls will not be able to go away. Travel costs for helpers will be paid for by The Isle of Man Badminton Association. Offers of help would be appreciated even if your child is not involved in the trip. Please contact any Team Manager.



11. Sports Therapist/ Reflexologist

- Sport massage assists recovery between training sessions.
- Monitors stresses which may be building up in the body and so warns against and safeguards against potential injury - i.e. injury prevention.
- Deep tissue treatment is often the most effective treatment for many types of sports injury.
- Sports massage can improve an athlete's mobility and flexibility which ultimately can help to ward off potential injuries.

Qualified Sports & Remedial Therapist
Robbie Lambie. I.I.H.H.T. Tel 842043

Anyone who is an individual registered member of a club can take advantage of the agreement with John Barton at the Crosby injury, Rehabilitation and Fitness clinic, tel 851122.
When you phone for an appointment please quote your Badminton England Registration number.



12. Umpiring

The IOM Umpires Association are affiliated to The North Region of The Badminton Umpires Association of England. Isle of Man Umpires officiate at most of the Isle of Man Badminton Association competitions including many Junior Events. They also officiate at The Inter Island Games and many of the Island Badminton team County Matches. The IOM Umpires Association are always looking for new Umpires. If you are interested in becoming an Umpire and would like further information, please contact :-

Caroline Whitehead e-mail :cwhitehead@manx.net



13. List of Junior Badminton Clubs

| | | | |
|---|-----------------|--------|-------------------------|
| FENCIBLES (at St Ninians School) | Roberta Cannell | 629067 | Saturday 1 to 4pm |
| ST NINIANS (at Bemahague Schhol) | Sue Domingo | 615441 | Sunday-2pm |
| PEEL (at QEII High School) | David Craine | 843423 | Friday |
| KIRK MICHAEL (at Park View) | Steph Gardner | 878389 | |
| ANDREAS (At Andreas Parish Hall) | Chris Leach | 897131 | |
| RAMSEY GRAMMAR SCHOOL | Sandra McMahon | 812563 | Monday |
| CASTLETOWN (at Castle Rushen) | Ewan Watterson | 825711 | Tuesday |
| THE HOTSHOTS (At Castle Rushen) | Janet Corkish | 834624 | Thursday 6.15 to 8pm |



14. Drugs and sport

Certain remedies which can be obtained in Drug stores 'off the shelf' may contain banned ingredients. If you are worried about any preparation that you may be taking or wish to take, please consult your Pharmacist. Information is also available from the Ethics & Anti Doping Unit - Drug Information Enquiries. Tel: 0800 528 0004 or their website www.uk sport.gov.uk/did
Drug Testing is now being operated by Badminton England at many of it's Tournaments



15. Financial Assistance for off-Island travel

The Association encourages players to enter Individual Tournaments, and obtain ranking points, assistance is available (presently up to £50 per trip). All applications must be submitted on the appropriate application form, to the Junior Committee, no later than 2 months after the event, all receipts for travel/ accommodation must be attached to the application form, copies of which can be obtained from the Financial Co-ordinator, Roberta Cannell.

All assistance is subject to the availability of funds.

Details of Badminton England Tournaments can be accessed on the Badminton England website, by using the search facility, typing in the word calendar.



16. Badminton Junior Helper Award

The IOM BA have 6 tutors who are able to deliver the JH Award. Aimed at young people from 13 yrs upwards, the 6 hour course covers team work, leadership, managing a session of activity, organising, managing and planning an event. At the end of the course students will receive a gold certificate and Pin Badge. Contact the Badminton Development officer, Kerry Quayle at Manx Sport & Recreation for details of forthcoming sessions.



17. Official Complaints Procedure

Any complaints concerning coaching and selection should be submitted in writing to the Secretary of the Junior Committee of the Isle of Man Badminton Association.



18. Isle of Man Badminton News

Isle of Man Badminton - www.iombadminton.com

