

# MANX YOUTH GAMES 2016



**NATIONAL SPORTS  
CENTRE**

**SATURDAY  
7th MAY**

## 15th ANNIVERSARY

### TRAINING PROGRAMME



**NORTH**



**SOUTH**



**EAST**



**WEST**

## Message from the Minister

The Manx Youth Games celebrates its 15th Birthday in 2016 and the Games continue to go from strength to strength. We are also very happy to welcome back squash and tennis to the MYG.

Through the hard work of coaches, officials, volunteers and Manx Sport and Recreation staff, young people around the Isle of Man continue to have the opportunity to access a broad range of sports in their local community.

The values of taking part in sport are clear; team work, fair play, achieving goals and, just as importantly, the MYG offers young people the opportunity to meet new friends, have lots of fun and enjoy the benefits of a healthy lifestyle.

The Department of Education and Children, through the Sport Development Unit works hard to ensure the MYG continues to meet the needs of local sports and the young people on the Island.

One final note, I would like to express my thanks to sports co-ordinators, coaches officials, volunteers and parents without whose support and commitment the Manx Youth Games could not take place.

*Tim Crookall MLC*

Minister for Department of Education and Children



## Message from HSBC

HSBC is proud to continue our support of the Manx Youth Games through our community investment programme.

Since, 2002, we have worked in partnership with the Manx Sports and Recreation Team, to see the games develop into one of the biggest annual sporting events for young people in the Isle of Man and we are delighted to be part of the celebrations for the 15th anniversary.

Every year we witness a huge community effort from young people, parents, volunteers and coaches who work tirelessly to make this event happen. Each person plays their own vital role in encouraging and influencing the future sporting stars of the Isle of Man, which sees over 1,000 children take part in this fantastic sporting event.

Many congratulations to all our young inspirational sporting participants - it's the taking part that counts and without you, this event could simply not happen!

**Well done and thank you to each and everyone of you!**

*Kevin Cartledge*

Senior Manager, HSBC Isle of Man





## Mission Statement

The Sports Development Team is committed to ensuring that all children regardless of age, gender, background, religion, ability or race, can participate in sport in a safe and enjoyable environment.

## Aims and Objectives

- To provide sporting opportunities for the young people of the Isle of Man.
- To work in partnership with the Island's sporting governing bodies to attract new participants, identify new talent and subsequently offer clear pathways for the Island's young sporting population.
- Through enthusiastic, experienced and qualified coaches, participants will have a fun and positive sporting experience.
- All sports will adhere to a code of conduct aimed at creating a safe and positive environment for everyone involved with the games.
- Through sport, the Manx Youth Games will go some way to build confidence in young people and help improve their social and life skills.
- Above all, the Manx Youth Games will bring together young people from all regions of the Island and will establish new friendships that will last forever.

## Attention Parents and Guardians

- Please ensure your child is the correct age for the session he or she is attending.

**GENERALLY CHILDREN WHO ARE IN YEAR THREE AND ABOVE WHEN THE TRAINING SESSIONS COMMENCE CAN ATTEND THE SESSIONS. HOWEVER THERE ARE SOME EXCEPTIONS. PLEASE SEE THE ENCLOSED TRAINING SCHEDULES FOR THE VARIOUS SPORTS.**

- Please ensure that there is a coach present before leaving your child at a training session.
- Do not leave your child until you are satisfied with the level of supervision at the session.
- Please check the finish time of the coaching session and ensure that your child is collected on time.

## Regional Training Sessions

The Manx Youth Games 2016 will consist of 13 sports. Each individual sport has tried to establish a regular training session in the regions of the Isle of Man (North, South, East and West). Please check the details below that indicate which session you should attend.

However, if there is not a session in your region, you are welcome to attend a session in a different region. Unfortunately, it may not be possible to organise sessions in particular regions due to the lack of coaches, volunteers, facilities or for other logistical reasons.

Each sport will use the Manx Youth Games as a way of developing junior participation and therefore different age groups may be targeted by each sport.

All sessions will be supervised by coaches with recognised qualifications including Safeguarding and Protecting Children and a satisfactory police or DBS check.

**ALL TRAINING SESSIONS WILL COST £1.00 WHICH IS TO BE PAID TO THE COACH ON ARRIVAL AT YOUR SESSION**

Children can initially attend training sessions in two sports up until 11th March 2016. After this date each child must choose one sport to focus on and then attend **ONLY** the training sessions for that sport.

### Attention Parents and Guardians

- Due to the flood damage the NSC hall, secondary hall, squash courts, bowls hall and astro pitch are not available for MYG training sessions.
- Alternative venues for Eastern training sessions have been found, however, these facilities will be smaller than the NSC facilities.

### Please be patient with Coaches and Volunteers

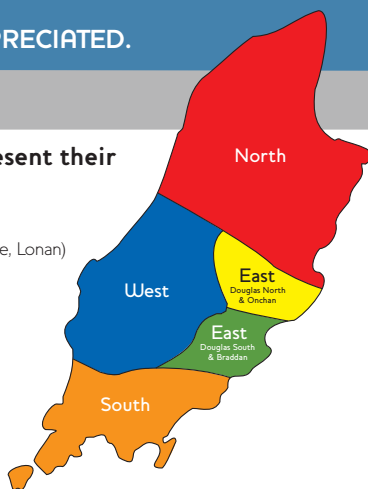
- The first training sessions may only be used for registration purposes to split the groups to reduce numbers, please be patient with coaches and volunteers when they are doing this.

**THANK YOU FOR PATIENCE, IT'S REALLY APPRECIATED.**

## The Five Regional Teams

**Children will be eligible by home address to represent their region in the Games.**

<b>NORTH</b>	Red	(Bride, Andreas, Jurby, Ballaugh, Maughold, Lezayre, Lonan)
<b>WEST</b>	Blue	(Marown, Patrick, German, Peel and Michael)
<b>EAST</b>	Yellow	(Douglas North and Onchan)
<b>EAST</b>	Green	(Douglas South and Braddan)
<b>SOUTH</b>	Orange	(Rushen, Arbory, Malew and Santon)



## Training Schedule & General Information

# Badminton



/iombadminton

www.iombadminton.com

www.badmintonengland.co.uk

## Isle of Man Badminton Association

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	RGS Sports Hall	Mondays 25th Jan-2nd May (Excl. 8th Feb, 28th Mar & 4th Apr)	6.30-7.30pm	4-6 & 7-9
<b>SOUTH</b>	CRHS Hall	Fridays 29th Jan-6th May (Excl. 12th Feb, 1st & 8th Apr)	5.00-6.00pm	4-6 & 7-9
<b>EAST</b>	St. Ninians High School SH	Fridays 29th Jan-6th May (Excl. 12th Feb, 1st & 8th Apr)	5.00-6.00pm	4-6
<b>EAST</b>	St. Ninians High School SH	Fridays 29th Jan-6th May (Excl. 12th Feb, 1st & 8th Apr)	6.00-7.00pm	7-9
<b>WEST</b>	QEII Hall	Fridays 29th Jan-6th May (Excl. 12th Feb, 1st & 8th Apr)	6.00-8.00pm	4-6 & 7-9

**KEY:** RGS = Ramsey Grammar School, KWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School, SH = Sports Hall

Children involved in any Island Badminton squads cannot attend these sessions.

Footwear - Non marking clean trainers.

Children who live in the North of the Island are welcome to attend West, South and East training sessions.



## Badminton on the Isle of Man - Play the fastest racket sport in the world

We provide tournaments at all age groups and the opportunity to progress to Island Training Squads with the chance to represent the Island at County level. Children can start along the coaching pathway by completing the Badminton Junior Helper Award and at the age of 16yrs the Level 1 coaching course.

### Useful Contacts

Name	Phone	Email	Club or Role
Kerry Quayle	651572	Kerry.quayle@gov.im	Badminton Development Officer
Roberta Cannell		robcan@manx.net	MYG Coordinator
Ewan Watterson	825711		Castletown Abbey BC
Janet Corkish	469745		Rushen Hotshots BC
Roberta Cannell	432041		Fencibles BC
Sue Domingo	615441		Cu-Plas Callow St Ninians BC
Davey Craine	843423		Peel BC
Steph Gardner	481063		Kirk Michael BC
Abby Turton		Marounbc_iom@outlook.com	Microgaming Maroun BC
George Li	430239	george.li2@virgin.net	Ramsey Juniors

## Training Schedule & General Information

# Basketball



## Isle of Man Basketball Association

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	RGS Sports Hall	Tuesdays 26th Jan-3rd May (Excl. 9th Feb, 29th Mar & 5th Apr)	5.30-6.30pm	School Years 3-6
<b>NORTH</b>	RGS Sports Hall	Tuesdays 26th Jan-3rd May (Excl. 9th Feb, 29th Mar & 5th Apr)	6.30-7.30pm	School Years 7-10
<b>SOUTH</b>	CRHS Sports Hall	Saturdays 23rd Jan-30th Apr (Excl. 6th Feb, 26th Mar & 2nd Apr)	8.30-9.30am	School Years 3-6
<b>SOUTH</b>	CRHS Sports Hall	Saturdays 23rd Jan-30th Apr (Excl. 6th Feb, 26th Mar & 2nd Apr)	9.30-10.30am	School Years 7-10
<b>EAST</b>	St. Ninians Bemahague SH	Sundays 24th Jan-1st May (Excl. 7th Feb, 27th Mar & 3rd Apr)	3.00-4.00pm	School Years 3-10
<b>WEST</b>	QEII Sports Hall	Saturdays 23rd Jan-30th Apr (Excl. 6th Feb, 26th Mar & 2nd Apr)	9.00-11.00am	School Years 3-10

KEY: RGS = Ramsey Grammar School, KWJC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School, SH = Sports Hall

Footwear - Non marking clean trainers.



## Basketball on the Isle of Man

Basketball is a fun, energetic and fast paced game suitable for all ages and abilities. For the younger age group games are adapted to ensure skill development is achieved through fun games and activities rather than full court 5 on 5 games. The men's and women's senior league is played on a Thursday evening at the NSC and junior matches are incorporated into the fixtures throughout the year.

### Useful Contacts

Name	Phone	Email	Club or Role
Emma Callow	432443	Emma.Callow@gov.im	MYG's Co-ordinator
Brenda Smith	316503	Brendasmith@manx.net	Northern Head Coach
Trudi Crellin	462479	Trudi44@hotmail.com	Southern Head Coach
Graham Bassett	415602	graham@bassett-iom.co.uk	Western Head Coach
Rebecca Dunne	303369	rebeccadunne9@hotmail.com	Eastern Head Coach



## Training Schedule & General Information

# Cricket

Isle of Man Cricket Association

 /iomcricket  
www.iomcricket.co.uk

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	Bunscoill Rhumsaa	Weds 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	6.30-7.30pm	School Years 2, 3 & 4
<b>SOUTH</b>	Buchan Gym	Weds 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	7.00-8.00pm	School Years 2, 3 & 4
<b>EAST</b>	Ashley Hill School	Wednesday 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	5.30-6.30pm	School Years 2, 3 & 4
<b>EAST</b>	Glencrutchery Road School	Tuesdays 26th Jan-3rd May (Excl. 9th Feb, 29th Mar & 5th Apr)	7.00-8.00pm	School Years 2, 3 & 4
<b>WEST</b>	QEII Hall/Grass	Weds 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	6.00-7.00pm	School Years 2, 3 & 4

**KEY:** RGS = Ramsey Grammar School, NSC = National Sports Centre, KWUC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School

Footwear - Non marking clean trainers.



## Junior Cricket on the Isle of Man

Targeted at all children boys and girls, Kwik Cricket aims to provide children of all levels of ability and experience with an opportunity to play cricket.

Kwik Cricket is the fun way of getting into cricket and developing your skills. Played with plastic bats and a soft ball this format is great to ensure players experience lots of opportunity to play whilst not worrying about the traditional 'hard ball'.

The Isle of Man has clubs and leagues set up where players who enjoy these sessions can join them and continue to develop their skills.

**Come along and have a go – could you be the next Ashes star?**

Useful Contacts			
Name	Phone	Email	Club or Role
Greig Wright		iomcricket@hotmail.com	IOM Cricket Development Officer
Richard Jackson		rickyjamesiom@hotmail.co.uk	Castletown Cricket Club
Max Stokoe		maxstokoe@manx.net	Cronkbourne Cricket Club
Dave Picken		dave.picken@aon.co.im	Crosby Cricket Club
Roy Corlett		corletttrandc@outlook.com	Finch Hill Cricket Club
Rob Webber		robwebber75@gmail.com	Ramsay Cricket Club

# Crown Green Bowls

Isle of Man County Crown Green Bowling Association

[www.iombowls.com](http://www.iombowls.com)

Region	Venue	Dates	Times	Age Groups
<b>ALL</b>	Ballaugh Indoor Bowls Club	Saturdays 23rd Jan - 27th Feb (Excl. 13th Feb)	2.00-3.30pm	School Years 3-6 & 7-10
<b>NORTH</b>	Ballaugh Bowling Club	Saturdays 5th Mar - 30 Apr (Excl. 26th Mar & 2nd Apr)	2.00-3.30pm	School Years 3-6 & 7-10
<b>NORTH</b>	North Ramsey Bowling Club	Saturdays 5th Mar - 30 Apr (Excl. 26th Mar & 2nd Apr)	10.30am-12.00	School Years 3-6 & 7-10
<b>SOUTH</b>	Castletown Bowls Club	Saturdays 23rd Jan - 30 Apr (Excl. 13th Feb, 26th Mar & 2nd Apr)	10.30am-12.00	School Years 3-6 & 7-10
<b>SOUTH</b>	Port St. Mary Bowling Club	Wednesdays 9th Mar - 4th May (Excl. 30th Mar 6th Apr)	4.15 - 5.45pm	School Years 3-6 & 7-10
<b>EAST</b>	Villa Bowling Green	Saturdays 23rd Jan - 30 Apr (Excl. 13th Feb, 26th Mar & 2nd Apr)	10.30am-12.00	School Years 3-6 & 7-10
<b>WEST</b>	Marown Bowling Club	Saturdays 23rd Jan - 27th Feb (Excl. 13th Feb)	10.30am-12.00	School Years 3-6 & 7-10
<b>WEST</b>	Marown Bowling Club	Thursdays 3rd Mar - 5th May (Excl. 31st Mar & 7th Apr)	4.15 - 5.45pm	School Years 3-6 & 7-10

**KEY:** RGS = Ramsey Grammar School, NSC = National Sports Centre, KWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School

**Please note:** Pumps or plimsolls must be worn.



## Crown Green Bowls on the Isle of Man

Targeted at all children - boys and girls from years 3+, Crown Green Bowls aims to provide children of all levels of ability and experience with an opportunity to play bowls.

The sessions are a fun way of getting into the sport with specially devised games such as Target Bowls, Obstacle Bowls, Bowls Golf, Ten Pin Bowls as well as the standard format and many other fun variations being used.

The Isle of Man has clubs set up to continue sessions after the MYG and we are looking to form a junior league so there will be plenty of opportunities to keep playing if they get the bug!

**Come along and have a go - could you be the next Manx Champion?**

Useful Contacts			
Name	Phone	Email	Club or Role
Collin Holland	468535	<a href="mailto:collinholland@hotmail.co.uk">collinholland@hotmail.co.uk</a>	MYG Joint Co-ordinator
Christine Holland	471827	<a href="mailto:christineholland2008@hotmail.co.uk">christineholland2008@hotmail.co.uk</a>	MYG Joint Co-ordinator / Lead Coach
George Peach	471301	<a href="mailto:georgepeach@manx.net">georgepeach@manx.net</a>	Lead Coach South
Gary Merrill	403958	<a href="mailto:gary.merrill@fpsgroup.com">gary.merrill@fpsgroup.com</a>	Mooragh Lead Coach North
Mark Kneen	410653	<a href="mailto:markkneen@canadalifeint.com">markkneen@canadalifeint.com</a>	Lead Coach East
Phil Kelly	463933	<a href="mailto:pdKelly@manx.net">pdKelly@manx.net</a>	Lead Coach West / Overall Lead Coach
Stephen Grant	463398	<a href="mailto:sgrant@manx.net">sgrant@manx.net</a>	Ballaugh Lead Coach North
Glynn Hargraves	434201	<a href="mailto:glynn.kim21@gmail.com">glynn.kim21@gmail.com</a>	Overall Lead Coach



## Training Schedule & General Information

# Girls Football

Isle of Man Football Association

 /IOMFA Women and Girls Football

 @IsleofmanFA

[www.isleofmanfootballassociation.com](http://www.isleofmanfootballassociation.com)

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	RGS Astro Pitch	Fridays 29th Jan - 6th May (Excl. 12th Feb, 1st Apr & 8th Apr)	6.00-7.00pm	School Years 3-6 & 7-10
<b>SOUTH</b>	Colby AFC Astro	Tuesdays 26th Jan - 3rd May (Excl. 9th Feb, 29th Mar & 5th Apr)	5.00-6.00pm	School Years 3-6 & 7-10
<b>EAST</b>	St. Ninians High School SH	Wednesdays 27th Jan - 4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	5.00-6.00pm	School Years 3-6 & 7-10
<b>WEST</b>	Tommy Clucas Hall, Peel	Sundays 24th Jan - 1st May (Excl. 14th Feb, 27th Mar & 3rd Apr)	11.00-12.00am	School Years 3-6 & 7-10

KEY: RGS = Ramsey Grammar School, KWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School, SH = Sports Hall

Footwear - Astro shoes (outdoors) or trainers and shin pads must be worn.



## Girls Football on the Isle of Man

Girls Football is an ever growing sport on the island, which is offering a girls only option to the game as well as mixed football. Girls Football offers a challenging, fun, friendly and safe experience for the girls to learn new transferable skills.

There are plenty of opportunities for girls to play football, with Girls Only FA Skills Centre's, Festivals, School Tournaments and Come and Play Football Events. This is all run alongside, club football sessions where they compete in a regular league fixtures and competitions. For those players looking to make it to the top Girls Football has its own Player Development Centre.

Football is the largest female game currently in the UK and with the success of the Women's World Cup it is getting more popular by the day... some come along to session with your friends and become part of the Girls Football mania. **Get active, get social and get involved!**

Useful Contacts				
Region	Club	Training	Age Groups	Contact Info
<b>NORTH</b>	Laxey	Saturday 11am-12:00 & 10am-11am	U8, U10, U12, U14, U16	Wayne Lisy - 490288
<b>SOUTH</b>	Colby	Monday 5pm-6pm & Wednesday 6:30pm-9pm	U8, U10, U12, U14, U16	Monika Gale - 481285 Jim Gale - 309348
<b>EAST</b>	Corinthians	Saturday 10:30am-11:30am	U6, U8, U10, U12, U14, U16	Tracey Cowley - 496691
<b>EAST</b>	Union Mills	Wednesday 5pm-6pm & Saturday 10:30am-12:00	U10	Tracy Craig - 450446
<b>EAST</b>	Douglas Royals	Tuesday 6:30pm-8pm	U12, U14, U16	Kerry Lockwood - 424570 Kym Hicklin - 435866
<b>WEST</b>	Marown	Sunday 10am-11:30am & Thursday 6pm-7:30pm	U8, U10, U12, U14, U16	Helen Withers - 497888 Darren Shaw - 433923
<b>WEST</b>	Peel	Sunday 11am-12:00	U10, U12, U14, U16	Michael Corlett - 438579

## Training Schedule & General Information

# Hockey

Isle of Man Hockey Association

[www.manxhockey.org](http://www.manxhockey.org)

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	RGS Astro	Mons 25th Jan-25th Apr (Excl. 8th Feb, 28th Mar, 4th Apr & 2nd May)	6.00-7.30pm	School Years 3-6
<b>SOUTH</b>	CRHS Astro	Thursdays 28th Jan-5th May (Excl. 31st Mar & 7th Apr)	6.00-7.30pm	School Years 3-6
<b>SOUTH</b>	KWUC Astro Pitch	Wednesdays 27th Jan-4th May (Excl. 30th Mar & 6th Apr)	6.00-7.30pm	School Years 3-6
<b>EAST</b>	St. Ninians Bernahague Astro	Sundays 24th Jan-1st May (Excl. 14th Feb, 27th Mar & 3rd Apr)	9.00-10.00am	School Years 3-6
<b>WEST</b>	QEII Astro	Wednesday 27th Jan-4th May (Excl. 30th Mar & 6th Apr)	6.00-7.30pm	School Years 3-6

**KEY:** RGS = Ramsey Grammar School, NSC = National Sports Centre, KWUC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School

Please bring warm clothing, trainers or astro shoes, gum shield, shin pads and a drink. You can only attend one of the sessions that are taking place in the regions.



## Hockey on the Isle of Man

The Photos above are players that started with Manx Youth Games and have gone on to represent the Isle of Man in the UK.

Hockey has set up Under 11, Under 13 and Under 16's Leagues giving plenty of opportunity for youngsters to go on from MYG and join a club and improve their hockey and keep them in the sport.

We also have the Single System which is for developing talented players to go on and reach their true potential which the above youngsters have all attended resulting in them being selected to go across and train in the UK hoping to go on further.

If you are interested in playing just get in contact with any of the people below:

Useful Contacts			
Name	Phone	Email	Club or Role
Denise Gimbert	475483	<a href="mailto:denisegimbert@manx.net">denisegimbert@manx.net</a>	Junior Chairman & MYG Co-Ordinator
Debbie Shimmin	470397	<a href="mailto:mhasecretary@manx.net">mhasecretary@manx.net</a>	Manx Hockey Association Secretary

# REGISTRATION FORM 2016

Please ensure you hand this completed form to the coach at your first session.  
No forms are to be returned to the Sports Development Office.



## SPORT 1 - Registration Form

Please ensure that you hand this completed form to the coach at your first session

Name of child..... Male ☐ Female ☐

Address.....

Postcode..... Date of Birth..... Age.....

Contact No.s Home..... Work..... Mobile.....

Email address.....

Child's school.....

Does your child have any medical conditions e.g. ADHD, Asthma, etc. Yes ☐ No ☐

Please detail.....

Does your child have a disability or any behavioural problems? Yes ☐ No ☐

Please detail.....

How many Manx Youth Games Events has your child taken part in?.....

Which sports have they taken part in?.....

**The MYG will be filmed by the IOM College and there will be a number of other photographers on the day, by signing this form you accept that your child may be photographed or filmed during this event.**

I declare that to the best of my knowledge the above information is true and correct.

We agree to abide by the Codes of Conduct:

Signed..... Parent / Guardian / Carer

Please print name..... Date.....

**T Shirt Size** (if selected for the event)

**To fit Chest Size:** 30" 32" 34" 36" 38" 40" 44" (please circle)

**PLEASE NOTE:** You are limited to attending a maximum of TWO sports until 11th March 2016. Included in this booklet are two separate registration forms (one for each sport) which must be completed and handed into the respective coaches at the first training session. If you are going to attend only one sport then please ignore the other registration form.

Please ensure that you hand this completed form to the coach at your first session.  
No forms are to be returned to the Sports Development Office.

## SPORT 2 - Registration Form

Please ensure that you hand this completed form to the coach at your first session

Name of child..... Male ☐ Female ☐

Address.....

Postcode..... Date of Birth..... Age.....

Contact No.s Home..... Work..... Mobile.....

Email address.....

Child's school.....

Does your child have any medical conditions e.g. ADHD, Asthma, etc. Yes ☐ No ☐

Please detail.....

Does your child have a disability or any behavioural problems? Yes ☐ No ☐

Please detail.....

How many Manx Youth Games Events has your child taken part in?.....

Which sports have they taken part in?.....

**The MYG will be filmed by the IOM College and there will be a number of other photographers on the day, by signing this form you accept that your child may be photographed or filmed during this event.**

I declare that to the best of my knowledge the above information is true and correct.

We agree to abide by the Codes of Conduct:

Signed..... Parent / Guardian / Carer

Please print name..... Date.....

**T Shirt Size** (if selected for the event)

**To fit Chest Size:** 30" 32" 34" 36" 38" 40" 44" (please circle)

**PLEASE NOTE:** You are limited to attending a maximum of TWO sports until 11th March 2016. Included in this booklet are two separate registration forms (one for each sport) which must be completed and handed into the respective coaches at the first training session. If you are going to attend only one sport then please ignore the other registration form.

Please ensure that you hand this completed form to the coach at your first session.  
No forms are to be returned to the Sports Development Office.





## Training Schedule & General Information

# Netball

 /iom.netballdevelopment  
www.netball.im

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	RGS Sports Hall	Thurs 28th Jan-5th May (Excl. 11th Feb, 31st Mar & 7th Apr)	5.15-6.15pm	School Years 4-6
<b>SOUTH</b>	CRHS Hall	Mondays 25th Jan-2nd May (Excl. 8th Feb, 28th Mar & 4th May)	5.00-6.00pm	School Years 4-6
<b>EAST</b>	St. Ninians Bemahague SH	Wed 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	5.00-6.00pm	School Years 4-6
<b>WEST</b>	QEII Sports Hall	Wed 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	5.00-6.00pm	School Years 4-6
<b>KEY:</b> RGS = Ramsey Grammar School, KWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School, SH = Sports Hall				

Those children aged 8 in School Year 3 can also attend. Footwear - Non marking clean trainers.



## Netball on the Isle of Man

The Island has 8 junior netball clubs across all regions – see below for contacts. The clubs welcome any girls from Years 4 upwards. From September 2014 the MNA introduced the massively popular entry game of netball called High 5. The game is a great way for kids to get active, enjoy themselves and make new friends. It's designed specifically for children, aged 8-11, and uses fun and variety to get them into the game, polish skills and aid fitness.

## More Passes, More Goals, More Fun!

Useful Contacts				
Name	Phone	Email	Club or Role	Date, Time & Venue
Rachel Andrew	308893	mnadevelopment@gmail.com	IOM Netball Development Officer	
Claire Belcher-Smith		clairebelcher@manx.net	Simcocks Eagles Netball Club	Mon 6pm-7.30pm @ CRHS
Bethan Kneen		Bethan.kneen@kwc.im	Fencibles Netball Club	Wed 5.30-7.30pm @ CRHS
Louise Skelly	418013	Lou.m.skelly@gmail.com	Castletown Netball Club	Fri 6pm-7pm @ Vic Road School
Gaynor Hewings	481135	gaynor@manxinternet.com	Absolute Scaffolding Netball Club	Wed 6pm-7pm @ RGS
Rebekah Hughes	467992	missfitsnetballclub@gmail.com	Missfits Netball Club	Tue 6pm-7pm @ BHS
Claire Battye	463382	bapbabe@hotmail.co.uk	Route 1 Connections Netball Club	Mon 6pm-7pm @ QEII
Trudi Halsall	410717	tjh@manx.net	PLWC Manx Gems Netball Club	Wed 6pm-7.30pm @ SNLS
Pip Cross	674737	picross@manx.net	Thompson Travel Netball Club	Wed 6pm-7.30pm @ SNLS

# Squash

## Isle of Man Squash Rackets Association

### NO TRAINING SESSION FOR SQUASH

- Unfortunately due to the flood damage the NSC squash courts are not available and consequently there will be no training sessions.
- It is still hoped that squash will be included in the 2016 MYG on Saturday 7th May.
- If your child would still like to play squash in the 2016 MYG please email squash co-ordinator [les.c@manx.net](mailto:les.c@manx.net) and Les will contact interested players when the NSC courts are ready and training sessions can be arranged.



## Isle of Man Squash Rackets Association

If you enjoy this great sport, squash! Don't stop playing now, after you have just got started! Join our junior Saturday club with qualified coaches at the NSC from 2pm to 3pm. It's on every Saturday apart from school holidays, all for just £2!

**All ability welcomed! Come and continue to enjoy yourself!**

### Useful Contacts

Name	Phone	Email	Club or Role
Les Callow		<a href="mailto:les.c@manx.net">les.c@manx.net</a>	MYG Co-ordinator
Patrick Fitzpatrick		<a href="mailto:patty97@hotmail.co.uk">patty97@hotmail.co.uk</a>	Development Officer

# Swimming

Isle of Man Swimming Association

[www.iomswim.im](http://www.iomswim.im)

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	Ramsey Pool	Wednesdays 27th Jan-3rd May (Excl. 10th Feb, 30th Mar & 3rd May)	7:00-8:00pm	School Years 4-9
<b>SOUTH</b>	Southern Pool	Saturdays 30th Jan-3rd May (Excl. 13th Feb, 26th Mar & 3rd May)	3:30-4:30pm	School Years 4-9
<b>EAST</b>	NSC Pool	Monday 25th Jan-2nd May (Excl. 8th Feb, 28th Mar & 4th May)	6:00-7:00pm	School Years 4-9
<b>WEST</b>	Western Pool	Fridays 29th Jan-6th May (Excl. 12th Feb & 1st, 8th Apr)	6:30-7:30pm	School Years 4-9
KEY: RGS = Ramsey Grammar School, NSC = National Sports Centre, KWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School				

Any swimmer currently in level 5 or level 4 who has not competed in the Isle of Man Swimming Championships may take part on the day. Any member of level 5 or level 4 may attend the training sessions.



## Swimming in the Isle of Man

Details of the islands four swimming clubs are available through the web site which can be found on [www.iomswim.im](http://www.iomswim.im)

The Isle of Man Swimming Association's main focus is on current and future development of aquatic sport. Isle of Man Swimming Club's main focus is on the development of competitive swimming on and off the island.

For information on how to join a swimming club on the island please call Angela on 493049.

**Isle of Man Swimming gives swimmers the chance to be the best that they can be.**

Useful Contacts			
Name	Phone	Email	Club or Role
Angela Katz	493049	<a href="mailto:iomswimdevelopment@gmail.com">iomswimdevelopment@gmail.com</a>	Swimming Development Officer

## Training Schedule & General Information

# Tennis

Isle of Man Lawn Tennis Association

[www.lta.org.uk/in-your-area/IsleOfMan](http://www.lta.org.uk/in-your-area/IsleOfMan)

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	Bunscoill Rhumsaa	Saturdays 24th Jan-30th Apr (Excl. 6th Feb & 1st & 8th Apr)	11.00-12.00	School Years 1, 2 & 3
<b>SOUTH</b>	Buchan Gym	Wednesdays 27th Jan-4th May (Excl. 10th Feb, 30th Mar & 6th Apr)	6.00-7.00pm	School Years 1, 2 & 3
<b>EAST</b>	Ballakermeen High School	Thursdays 28th Jan-6th May (Excl. 11th Feb, 31st Mar & 7th Apr)	6.00-7.00pm	School Years 1, 2 & 3

**KEY:** RGS = Ramsey Grammar School, NSC = National Sports Centre, KUWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School



## Isle of Man Lawn Tennis Association

Tennis is an Olympic sport and is played by all levels of society and at all ages. The sport can be played by anyone who can hold a racquet on a variety of surfaces, most commonly hard courts.

As the governing body, the IOM LTA's overall purpose is to grow and sustain the sport throughout the island. Our main focus is to develop participation growth, helping more people play tennis. By bringing together a blend of experienced and young coaches, children and volunteers our aim is to show how tennis is a fun affordable, family sport which can also be a great way to get fit.

The above photographs are of Luca Simmons (centre), Monique Lloyd-Davies and Sean Drewry (both right) whom are all past tennis graduates of the Manx Youth Games. All three have represented the Isle of Man at junior county cup level, with Monique and Sean now an integral part of the Ramsey Tennis Club coaching team and Luca an active member of Castletown Lawn Tennis Club.

### Useful Contacts

Name	Phone	Email	Club or Role
David Winnell	418394	<a href="mailto:iomltacoaching@outlook.com">iomltacoaching@outlook.com</a>	Program Co-ordinator & North Region Manager
Karen Faragher	472413	<a href="mailto:iomltacoaching@outlook.com">iomltacoaching@outlook.com</a>	Assistant Program Co-ordinator & East Region Manager
Neil Ronan	461698	<a href="mailto:iomltacoaching@outlook.com">iomltacoaching@outlook.com</a>	South Region Manager
Isle of Man LTA		<a href="mailto:iomltacoaching@outlook.com">iomltacoaching@outlook.com</a>	Governing Body of Isle of Man Tennis
David Winnell	418394	<a href="mailto:ramseytennis@manx.net">ramseytennis@manx.net</a>	Head Coach, Ramsey Tennis Club (North)
Max Stokoe	413912	<a href="mailto:maxstokoe@hotmail.co.uk">maxstokoe@hotmail.co.uk</a>	Junior Coach, Douglas Lawn Tennis Club (East)
Pat Sharp	498597	<a href="mailto:albanytennispr@manx.net">albanytennispr@manx.net</a>	Club Secretary, Albany Lawn Tennis Club (East)
Neil Ronan	461698	<a href="mailto:neil_ronan@hotmail.com">neil_ronan@hotmail.com</a>	Club Coach, Castletown Lawn Tennis Club (South)
Roy McLean	833548	<a href="mailto:roymclean@manx.net">roymclean@manx.net</a>	Junior Co-Ordinator, Port Erin Tennis Club (South)

## Table Tennis

Isle of Man Table Tennis Association



/TableTennisIOM

[www.tabletennis365.com/IOM](http://www.tabletennis365.com/IOM)

Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	RGS Gym	Thursdays 28th Jan-5th May (Excl. 11th Feb, 31st Mar & 7th Apr)	6.30-8.30pm	8-14 year olds
<b>SOUTH</b>	CRHS Gym	Fridays 29th Jan-6th May (Excl. 12th Feb, 1st & 8th Apr)	7.00-8.00pm	8-14 year olds
<b>EAST</b>	St. Ninians Bemahague AH	Wednesdays 27th Jan-4th May (Excl. 10th Feb, 30th Mar 6th Apr)	5.30-6.30pm	8-14 year olds
<b>WEST</b>	QEII Gym	Tuesdays 26th Jan-3rd May (Excl. 9th Feb, 29th Mar & 5th Apr)	7.00-8.00pm	8-14 year olds

**KEY:** RGS = Ramsey Grammar School, KWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School, AH = Assembly Hall

Footwear - Non marking clean trainers.



### Table Tennis on the Isle of Man

We feed junior players into regional clubs and also into our active junior league. We run a Christmas Cup competition specifically for all of these new juniors in various age categories.

They are encouraged to play as a 'Junior Development Team' in one of the Senior Leagues which is mainly junior teams. We rotate players each week to give as many as possible exposure to the Senior League. While playing they have a dedicated coach looking after them to help with their game play.

We run island squads where these juniors receive additional coaching to develop their skills even further. The island plays as a nation in off island tournaments, where the best players are largely teenagers who have come through MYG and some have even progressed to the World Championships.

We are now going into schools and are very successful in attracting more juniors to the sport, **so why not come and try us and CARRY ON after the Youth Games – it's just the start.**

### Useful Contacts

Name	Phone	Email	Club or Role
Malc Lewis		<a href="mailto:mlewis@manx.net">mlewis@manx.net</a>	Youth Games Coordinator and Coach
Maggie Mulhern		<a href="mailto:maggie.mulhern@manx.net">maggie.mulhern@manx.net</a>	Chair of the Association and Coach
Tim Baker		<a href="mailto:tbaker@manx.net">tbaker@manx.net</a>	League Secretary and Coach

# Tag Rugby

Manx RFU



Region	Venue	Dates	Times	Age Groups
<b>NORTH</b>	Ramsey Club	Sundays 24th Jan - 1st May (Excl. 14th Feb, 27th Mar & 3rd Apr)	2.00-3.00pm	School Years 2, 3 & 4
<b>SOUTH</b>	Rushen Grass Pitch	Sundays 24th Jan - 1st May (Excl. 14th Feb, 27th Mar & 3rd Apr)	2.00-3.30pm	School Years 2, 3 & 4
<b>EAST</b>	Vagas Rugby Club	Sundays 24th Jan - 1st May (Excl. 14th Feb, 27th Mar & 3rd Apr)	2.00-3.30pm	School Years 2, 3 & 4
<b>EAST</b>	Douglas Rugby Club	Sunday 24th Jan - 1st May (Excl. 14th Feb, 27th Mar & 3rd Apr)	2.00-3.30pm	School Years 2, 3 & 4
<b>WEST</b>	Peel Campsite Overflow Pitch	Saturdays 23rd Jan - 30th Apr (Excl. 26th Mar & 2nd Apr)	11.00am-12.00	School Years 2, 3 & 4

**KEY:** RGS = Ramsey Grammar School, NSC = National Sports Centre, KJWC = King William's College, CRHS = Castle Rushen High School, QEII = Queen Elizabeth II High School

Coaches will notify players of any exclusion dates for the Tag Rugby training sessions.



## Tag Rugby on the Isle of Man

Tag rugby is available for girls and boys of all abilities in Years 2, 3 and 4 to participate in the Manx Youth Games.

Players learn about key fundamentals, spatial awareness, organisation, support and teamwork. Tag rugby is a fun pathway which can progress to the contact game, and we have strong links with clubs who provide fixtures on a regular basis for the players to test themselves. All our coaches are RFU qualified, and have the support from volunteers who are keen to help – many have started by doing MYG themselves many years ago! With the Rugby World Cup being staged in England in 2015, this is a great time to get involved in a fantastic sport.

**Rugby's Core Values: Teamwork • Respect • Enjoyment • Discipline • Sportsmanship**

Useful Contacts			
Name	Phone	Email	Club or Role
Chris Horton	426593		Youth Development Officer
Chris Brannigan	269325		Rugby Development Officer and Community Coach
Gareth Hinge	473087		Northern Contact
Colin Kelsey	680133		West Contact
Gail Smalley	473859		West Contact
Dave Parkes	450139		South Contact



# SEN Football

**Manx Sport and Recreation** Children with special educational needs and physical disabilities

Region	Venue	Dates	Times	Age Groups
<b>EAST</b>	Glencrutchery Gym	7th, 14th, 21st March, 11th, 18th and 25th April	4.15-5.30pm	Reception Year 6
<b>EAST</b>	Glencrutchery Gym	7th, 14th, 21st March, 11th, 18th and 25th April	4.15-5.30pm	Years 7-11

Please complete the Manx Youth Games Registration Form in the middle of this booklet and hand it into the coach at your child's first session.



## SEN Football on the Isle of Man

From March 2016, the Sports Development Unit will be facilitating weekly Football training sessions to ALL children with special education needs and / or physical disabilities. These weekly training sessions will be facilitated and adapted for a wide range of disabilities in a fun and fully inclusive environment.

Children can learn various key skills, techniques and activities in preparation for the Manx Youth Games on Saturday 7th May 2016. Children will have the opportunity to participate in a number of football activities throughout the day including: penalty shoot outs, dribbling drills, target practices and a series of fun football related games.

**Every child will receive a Free T-Shirt, Water Bottle and Medal for taking part**

**\*Please note, not all children have to play in Football Matches. There will be a wide range of fun and inclusive activities available for ALL children.**

All of the day's activities will be facilitated by highly qualified coaches who will deliver the session in a fun and inclusive environment.

### Useful Contacts

Name	Phone	Email	Club or Role
Zoe Crowe	688575	Zoe.Crowe@gov.im	Disability Sports Development Officer

## Safeguarding and Protecting Children

### Minimum Standards for the 2016 Manx Youth Games

- All Manx Youth Games Sports must meet the following criteria. If sports can-not meet the eight points detailed below, it could effect their subsequent participation in the games.
- All coaches and volunteers who facilitate Manx Youth Games training sessions must complete a “Coach Details” Form and this must be submitted to the Sports Development Unit no later than 1st December 2015.
- In order to comply with data protection, co-ordinators and coaches must NOT send group emails to children or parents. Should coaches or co-ordinators wish to communicate with participants electronically, then they should use the “Blind copy” function/setting when sending emails.
- Sports must have a minimum of two qualified coaches at each training session. In addition, where numbers are excessive, volunteers and assistants would be required. Coaches and volunteers who help at training sessions must have a satisfactory DBS check (from MSR), or provide a valid DBS Certificate from their sport (period of 3 years).
- Where possible, there should be both male and female coaches/volunteers in attendance (or female only for “girls only sports”).
- All coaches and volunteers (i.e. a parent who is assisting with registration) who will come into contact with children during the Manx Youth Games and training sessions must have attended a Sports Coach UK Safeguarding and Protecting Children workshop. This workshop is valid for 3 years. Free workshops will be on offer in January 2016.
- A qualified first aider must be present at all Manx Youth Games training sessions. Free training will be on offer in January 2016.
- Where feasible and realistic sports must make every effort to be inclusive and subsequently offer children with disabilities the opportunity to take part in Manx Youth Games training sessions as well as the event itself.
- As part of each sport’s junior development plan children who have attended Manx Youth Games training sessions should have the opportunity to continue in the respective sports through leagues and junior competitions following the Manx Youth Games.

## Codes of Conduct and Fair Play

### PLAYERS

- Enjoy competing
- Show good sportsmanship and work as part of a team
- Respect opponents
- Do your best
- Play within the rules
- Respect officials and the decisions they make

### COACHES

- Lead the players in playing fair
- Respect officials and the decisions they make
- Promote sport for the enjoyment, not just for the winning
- Show respect for players
- Stick to the rules
- Discourage rough play and cheating

### PARENTS

- Promote sports participation for the enjoyment, not just for the winning
- Teach and show respect for opponents and officials
- Congratulate your children regardless of the result
- Teach sportsmanship and the value of teamwork
- Encourage fair play and discourage cheating

### SPECTATORS

- Encourage and support all players
- Respect officials and the decisions they make
- Enjoy the games regardless of the result
- Never use bad language
- Discourage rough play and cheating

**Remember: It's not the winning... but the taking part that counts!**

## Frequently asked questions

### **Why is Boys Football not included in the Manx Youth Games?**

There is already a development structure in place for football providing plenty of opportunities both within schools and local clubs for boys to play football, therefore there is no need for this to be included in the Manx Youth Games.

### **If I live in the North, can my child attend training sessions in the West?**

Ideally, your child should attend the session within your region. However this is not always possible and the situation will be governed by the sport. For example, if there are currently low numbers on the session you wish to attend in the West, then this will not be a problem.

However, if the Western session is over subscribed, then it will not be possible to include your child in the session.

### **My child has not been selected to take part in the Manx Youth Games - why?**

This is entirely a decision made by the coaches from various sports. Different sports have different selection methods. For example, numbers on badminton are limited due to court space constraints and programming fixtures whereas football and hockey may have larger numbers taking part due to the inclusive team nature of the activities.

### **How are the teams selected for the day itself?**

As previously stated, this is a decision made by the coaches. Some sports will try to include as many children as possible on the day whilst others may have to make a decision on who can take part due to court space availability and programming constraints.

### **What is the age criteria for the Manx Youth Games 2016?**

Children who are in school year 2 upwards can take part in some sports in this year's event.

However, please check the training programme carefully as each sport may have different age requirements.

### **My child would like to continue to attend training sessions in two sports after the 11th March deadline. Is this possible?**

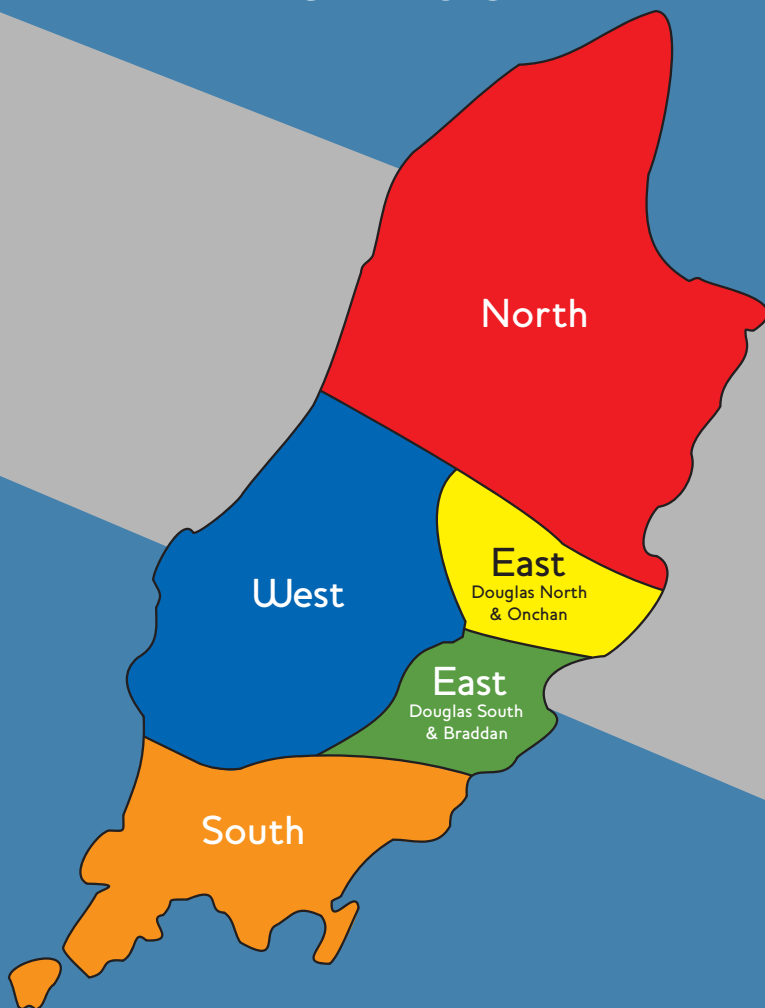
Again this depends on the sport. If the session can accommodate the child and the coaches are happy for the child to continue to attend, then this is not a problem. However, it will not be possible if the session is already full.

### **What if a coach does not turn up on time to a training session?**

Unless there is a specific exclusion date, sessions will generally always take place. However, please do not leave your child at a session until you are happy that there is adequate coaching supervision in place.

# MANX YOUTH GAMES 2016

## TRAINING PROGRAMME



Manx Sport & Recreation • Sports Development Unit  
National Sports Centre • Douglas • Isle of Man • IM2 1RB  
Telephone: 01624 688592  
[sduenquiries@gov.im](mailto:sduenquiries@gov.im) • [www.gov.im/sport](http://www.gov.im/sport)

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AND CHILDREN  
*Rheynn Ynsee as Paltchyn*

